

## Public Transport



By Rail, Carmarthen Station.  
Approximately 5 minutes taxi ride away.  
For information on train operators and times phone  
National Rail Enquiries on 0845 7484950.



By Air, Cardiff Airport.  
Approximately 1 hour 20 minutes drive away.

## Trafnidiaeth Gyhoeddus



Ar Drên, Gorsaf Caerfyrddin.  
Oddeutu 5 munud o daith mewn tacsï.  
I gael gwybodaeth am gwmnïau trên ac  
amseroedd ffoniwch Ymholiadau Rheilffyrdd  
Cenedlaethol ar 0845 7484950.



Ar Awyren, Maes Awyr Caerdydd.  
Oddeutu 1 awr 20 munud o daith mewn car.



**Gwasanaeth Tân ac Achub Canolbarth a Gorllewin Cymru - Y Pencadlys**  
Heol Llwyn Pisgwydd, Caerfyrddin  
**Mid and West Wales Fire Rescue Service - Headquarters**  
Lime Grove Avenue, Carmarthen SA31 1SP  
Ffon/Tel: 0370 60 60 699 Ffacs/Fax: 01267 220562  
E-mail: mail@mawwfire.gov.uk

